

SAPA – SIN CHAI – CATCAT – Y LINH HO – LAO CHAI – GIANG TA CHAI – HAU THAO – HANG DA – ROSE VALLEY - SAPA

Tour code: SAP
Tour type: Adventure
City: Cultural & Trekking
Time: 3Days/2Nights

Overview:

This 3 day adventure is full of opportunities to be immersed in traditional hill tribe cultures while relishing the amazing sceneries of Sapa and its surrounds. Trek through iridescent rice terraces and meet ethnic minorities, stay with a local Zay family, witness how the current of life has bubbled along here for centuries. Let's come and enjoy it.

Itinerary:

Day 1: Sapa – Sin Chai – Cat Cat – Y Linh Ho – Lao Chai (L,D)

Trek from Sa Pa to Sin Chai for overlooking the roof of Indochina at 3143 M above the sea level. Continue trek to Cat Cat village to visit Black H'mong minority people. Relaxing beside the waterfall. You will have lunch nearby stream in Y Linh Ho village. After lunch trek to Lao Chai where excellent panoramas of the larger valley, paddy terraced fields and the H'mong village. You will stay overnight in local houses.

Day 2: Lao Chai – Giang Ta Chai (B,L,D)

Next morning after having breakfast, the trek continues towards the Red Dao village in Giang Ta Chai. On the way you will trek up and downhill then through bamboo forest. The village of Giang Ta Chai is the next stop, which we will reach by following a path over a bridge. Lunch will be provided near a waterfall. In the afternoon you will walk around village and stay overnight in Dzay family.

Day 3: Hau Thao village – Hang Da – Rose valley (B,L)

Next morning after having breakfast, trek up to Hau Thao village. From here you can see the most beautiful valley in the north of Vietnam. You will take a rest and have lunch at nice spot. Continue trek to Rose valley where you will reach the main road to take the car back to Sa Pa.

Total trekking: 43km

Rate is net in USD per person

Group	1	2	3-4	5-6	7-9	10-12	13-14
Price	359	235	195	159	152	141	135

Included: Private transportation with English or French speaking guide/Entrance fee & mineral water/ meal at local house as indicated/ Accommodation at homestay

- What to bring: Good Trekking shoes, Raincoat, Camera