

FULL DAY CYCLING TOUR TO DOWN HILL INTO SAPA VALLEY

Tour code: SAP
Tour type: Cultural, Trekking, Cycling
City: Sapa
Time: Full day (Time: 08.30 – 17.30h)

Overview:

If one wants to get to know Sapa well, this biking trip is a real delight. Simply, it is the most incredible way to experience the mountainous landscape and local life. An interesting day of activity, adventure, and fantastic nature experience!

Itinerary:

Morning, you will cycle into Sa Pa valley and experience the fantastic scenery of mountains and rice paddy fields along the way. You will make a turn right to Sin Chai village and continue cycling off road to Ta Van village, break stops to talk with the Black Hmong or Giay who are working on their fields, or have a green tea in their house. You will have lunch in the Black Hmong village of Su Pan then continue cycling downhill to Ban Ho village, which is inhabited by the Tay people. Here you can experience the daily life of villagers who live in their traditional stilt houses surrounded by rice terraces and vegetable gardens; walk to the nearby Lavie waterfall, where you can swim or trek uphill to visit to Red Dao village of Nam Toong. Your vehicles will then pick you at Ban Ho village and transfer you back to Sa Pa.

- **Approx:** 1 hours driving/ 4 hours cycling/ 2 hours walking.
 - **Up / straight / down:** 2 km/ 6 km/ 23 km
 - **Total distance:** 31 Km

Rate is net in USD per person

Group	1	2	3-4	5-6	7-9	10-12	13-14
Price	209	124	100	76	79	67	59

Included: Private transportation with English or French speaking guide/Entrance fee & mineral water/picnic lunch included/ Bike with helmet using for tour