

8 DAYS HANOI, BAC HA, XIN MAN, HOANG SU PHI

VIETNAM (Hanoi – Bac Ha – Xin Man – Hoang Su Phi – Hanoi)

1. OVERVIEW:

During this trip, you will experience the imposing rock formations of Dong Van, the magnificent landscapes of rice terraces in Hoang Su Phi and Xin Man, the colorful ethnic market and so much more. The trip also offers opportunities to explore the well-preserved cultures of many different minority groups like H'mong, Phu La, Red Dao... Enjoy your own adventure on winding roads and off the beaten track route.

2. ITINERARY IN BRIEF

DAY 1: HANOI - TRAIN TO LAO CAI - CAN CAU/ BAC HA MARKET - TA VAN CHU

DAY 2: TA VAN CHU - LU THAN - LUNG PHINH DAY 3: LUANG PHINH - QUAN HOA - TA CU TY

DAY 4: TA CU TY - NAM DAN

DAY 5: NAM DAN - TRANSFER TO XIN MAN - HOANG SU PHI

DAY 6: PANHOU VILLAGE DAY 7: PANHOU VILLAGE

DAY 8: PANHOU LODGE - HANOI

3. THE TOUR

DAY 1: HANOI - TRAIN TO LAO CAI - CAN CAU/ BAC HA MARKET - TA VAN CHU

Trekking distance/time: 3 hours - Moderate

Trekking attractions: buffalo market, streams, rice fields

You take the night train on previous night from Hanoi to Lao Cai.

Early morning today, your guide pick you up at Lao Cai Train station and then transfer to Bac Ha and Can Cau market. Your trek starts from Can Cau, village of H'mong minority. Lunch en route then you'll arrive later afternoon at Ta Van Chu village of H'mong where you stay for overnight. The villages are unused to the presence of foreigners so we are encouraged to tread gently.

Dinner at homestay

Meals: Lunch, Dinner

Accommodation: Overnight at Homestay in Ta Van Chu

DAY 2: TA VAN CHU - LU THAN - LUNG PHINH

Trekking distance/time: 4 hours - Moderate

Trekking attractions: Lung Phinh market (on Sunday), Flower Hmong people distill the corn wine,

ripe rice fields

After breakfast at local home stay, the trek today leads through beautiful sightseing on narrow footpath to the H'mong village of Xin Chai. Picnic lunch provided. Discover the daily life of the local people and then continue trekking to Lu Than - a delightful village located at the moutain side of H'mong area. You're welcomed for dinner and overnight at Mr Din's homestay.

Meals: Breakfast, Lunch, Dinner

Accommodation: Overnight at Mr Din's homestay

DAY 3: LUANG PHINH - QUAN HOA - TA CU TY

Trekking distance/time: 6 hours - Moderate

Trekking attractions: Village school, maize fields, centennial tea

Morning, we leave Lung Phinh to follow the trekking route to Sin Chai village of Fu La minority, through rice paddy and maize plantations to Quan Hoa. Lunch will be prepared and served here. After lunch, we will continue to trek toward Ban Gia village. Your dinner in a private local house will be served and you'll spend the night at Mr Thien's homestay in Ta Cu Ty.

Meals: Breakfast, Lunch, Dinner

Accommodation: Overnight at Mr Thien's house in Ta Cu Ty

DAY 4: TA CU TY - NAM DAN

Trekking distance/time: 6 hours - Moderate

Trekking attractions: Cardamom forest, serene villages

After breakfast, we start a great day trek, undulating sometimes steeply up and down and through natural forest to get finally at the isolated Nung village of Song Lam. You'll find the villagers rather friendly and the countryside very impressive. You spend one more night in the Nung village of Nam Dan at Mr Van's house. Nam Dan is a commune of Xin Man district and belongs to Ha Giang province.

Meals: Breakfast, Lunch, Dinner

Accommodation: Overnight at hotel in Ha Giang

DAY 5: NAM DAN - TRANSFER TO XIN MAN - HOANG SU PHI

After breakfast, there are 3km of walks on the main road to a point where the van will pick up you to Xin Man district of Ha Giang province. Xin Man, one of the poorest District which has border with Lao Cai province and China. Lunch will be in a local restaurant in Coc Pai town. Transfer Xin Man – Hoang Su Phi – Thong Nguyen (60km). Dinner and overnight in Panhou Lodge

Meals: Breakfast, Lunch, Dinner

Accommodation: Overnight at hotel in Panhou Lodge

DAY 6: PANHOU VILLAGE

Trekking distance/time: 6 hours - Moderate

Trekking attractions: Shan Tuyet trees, terrace rice fields, serene villages

Breakfast in Hoang Su Phi then your trek starts by a walk to a Red Dao village. The area is famous for its Shan Tuyet tea that grows on centennial trees. After lunch, you will walk further at your rhythm, up to where H'mong people live. Lunch in Red Dao house

Afternoon, we check in a homestay in H'mong house for dinner & overnight

Meals: Breakfast, Lunch, Dinner

Accommodation: Overnight at Homestay in Pan Hou Village

DAY 7: PANHOU VILLAGE

Trekking distance/time: 6 hours - Moderate

Trekking attractions: Shan Tuyet trees, terrace rice fields, serene villages

Continue trek by the water wheels, the terrace rice fields and hillside back to Panhou lodge. Arrive at the Lodge in early afternoon. Enjoy traditional medicine herbs bath and massage.

You will have dinner and overnight in Panhou Lodge

Meals: Breakfast, Lunch, Dinner

Accommodation: Overnight at Homestay in Pan Hou Village

DAY 8: PANHOU LODGE - HANOI

Breakfast at lodge then transfer to Hanoi via Tuyen Quang, Phu Tho provinces. Arrive Hanoi, end of services.

4. EXTENSION TOURS:

Add-on other destination in Vietnam or tours to neighbor countries

<u>5. PRICE:</u> All rates are per person sharing DBL or TWN/FB Basis, in US dollar, net and non-commissionable.

Date: 01 Oct 2015 - 30 Apr 2016

All rates are per person sharing DBL or TWN/FB Basis, in US dollar, net and non-commissionable.

Description	2 pax	3-4 pax	5-6 pax	7-9 pax
First Class	\$ 1196	\$ 978	\$ 768	\$ 725

Date: 01May 2015 - 30 September 2016 (PROMOTION RATE)

Description	2 pax	3-4 pax	5-6 pax	7-9 pax
First Class	\$ 1067	\$ 969	\$ 759	\$716

WHAT IS INCLUDED

- Accommodation at Homestay as itinerary indicated
- 2 nights at Panhou Ecolodge in Hoang Su Phi
- Private air-con vehicle with experienced driver
- English speaking guide
- Porters
- Meals
- Entrance fee
- Security fee
- Train tickets from Hanoi to Lao Cai (soft sleeper with air condition, sharing 4 berth of cabin Sapaly/ Livitrans/Orient Express train or similar)
- Bottled water during trekking (1 liter/person/day)
- First-aid kit

WHAT IS NOT INCLUDED

Trekking gears

Best time to travel:

- March June to avoid rain and high humidity
- September November to enjoy cool and dry autumn in North Vietnam

6. HOTEL USED IN THIS TOUR:

Destination	First Class
TA VAN CHU	Homestay
LUNG PHINH	Homestay
TA CU TY	Homestay
NAM DAN	Homestay
HOANG SU PHI	Panhou Ecolodge
PANHOU VILLAGE	Homestay
PANHOU VILLAGE	Panhou Ecolode

IMPORTANT NOTE:

- All prices are quoted in USD/ per person, based on Double/Twin occupancy
- Private services & daily departure
- Quotation is quoted based on English speaking guide: Surcharge for other guide
 - Supplement for German Speaking guide:
 Supplement for Spanish Speaking guide:
 Supplement for Italian Speaking guide:
 USD 15/day per group
 USD 20/day per group
 USD 35/day per group
- Surcharge for Compulsory dinner for Xmas and New Year Eve
- Surcharge for Peak Season at above mentioned hotels (if have)
- Surcharge for Vietnamese Lunar (TET) New Year from 6 14 Feb 2016 25% of adult prices

FREE OFFER

- Mineral water is available during transfers
- Vietnam visa approval letter on arrival (this fees isn't refundable even clients don't need)